

Sermon by Guest Speaker: RICHARD CRESS

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10 REASONS FOR KEEPING THE SABBATH

1. God was involved with the Sabbath from Creation. In Genesis 2 God mentions the Sabbath and almost in the next breath He mentions marriage. If you drop the Sabbath you must also drop marriage. At the time of Genesis there were no "Jews" so the Sabbath cannot be called the "Jewish Sabbath".
2. The Sabbath commandment comes right in the midst of the Ten Commandments. God says Remember the Sabbath! Man says Forget the Sabbath! The churches say Forget the Sabbath!  
God gives us six days for ourselves and only keeps one day.  
The Bible tells us not to change any word of God's revelation.
3. We have been adopted into God's Family. He has promised us the blessing of an everlasting name. (Isa.56:3-5)
4. We are human beings. Mark 2:27,28 says that the Sabbath was made for man. The Greek word used here for 'man' is 'anthropos' meaning human kind. That is, 'human kind' as distinct from the other mammals. It is the broadest possible sense of the word 'man'.  
The Sabbath was made as a blessing.
5. Jesus Christ is our example. It was Christ's custom to go to the synagogue on the Sabbath. Luke 4: 16-31
6. We are to build on the foundation of the apostles and the prophets. Acts 18: 4,11 states that Paul taught on every Sabbath for a year and a half - that is 78 Sabbaths, in that particular place.
7. God will not accept a substitute Sabbath. Matthew 15:9 says In vain they do worship me, teaching for doctrines the commandments of men. These practices will all be rooted up in the judgement.
8. Don't walk in the steps of the pagan emperor Constantine who kept the "Venerable Day of the Sun"!
9. We are under grace. Acts 13:42-44 Paul persuaded them to continue in the grace of God. He also told them to continue to keep the Sabbath
10. We keep the Sabbath because we believe in the Sabbath.  
Hewbrews 4:9 There remaineth therefore a rest to the people of God.  
(rest = a keeping of the Sabbath)  
We keep the Sabbath because there is no good reason for not keeping it.